

Recommended Clothing & Equipment Checklist

2-3 Day Mothership Trips

- _____ Completed Registration and [Release](#) Forms
- _____ Sleeping Bag
- _____ Rain Jacket
- _____ Waterproof Hiking shoes OR Knee-high boots
- _____ Wool Socks
- _____ Polypropylene or Wool Long Underwear
- _____ Fleece Jacket
- _____ Rain Pants OR Quick-drying pants
- _____ Sunglasses
- _____ Sunscreen
- _____ Binoculars
- _____ Camera with batteries & charger (AC or DC)
- _____ Sunglasses
- _____ Seasickness Medication (when appropriate)
- _____ Any other medications you require (if appropriate)
- _____ A soft-sided bag or bags
- _____ Fleece or Knit Cap
- _____ One or more additional sets of additional clothing (+ socks)
- _____ Toiletry kit
- _____ Sponge bath (no shower onboard, cabins may have banya)
- _____ A book



- DVDs (in case of a stormy night)
- Your iPod or preferred music
- Headlamp (useful around a cabin at night)
- Shoes for relaxing (clogs or boat shoes work well)
- Any alcohol you plan to consume.

You don't need to bring these (we have them onboard)

- Food/beverages (please advise of dietary restrictions)
- Fishing equipment (by request)
- Lifejacket
- Paddling spray skirt
- Paddle