

Recommended Clothing & Equipment Checklist

Mothership Day Trips

- Completed Registration and Release Forms
- Rain Jacket
- Waterproof Hiking shoes OR Knee-high boots
- Wool Socks
- Polypropylene or Wool Long Underwear
- Fleece Jacket
- Rain Pants OR Quick-drying pants
- Sunglasses
- Sunscreen
- Binoculars
- Camera with batteries & charger (AC or DC)
- Sunglasses
- Seasickness Medication (when appropriate)
- A soft-sided bag or bags
- Fleece or Knit Cap

You don't need to bring these (we have them onboard)

- Lunch (Subway 6" sandwich, chips, cookies, bottled juice)
* please advise in advance of any dietary restrictions!
- Lifejacket
- Paddling spray skirt
- Paddle

